

# THE UNMASKED THERAPIST

Keystone  
Therapy Group



## CLINICAL SUPERVISION GROUP

At Keystone Therapy Group, we believe great therapy begins with the therapist. Our Unmasked Supervision Program empowers Virginia residents in counseling or marriage and family therapy to discover their authentic selves and learn how to ethically integrate who they are into clinical work.

Through guided supervision, peer support, and real-world clinical guidance, you'll develop the skills, resilience, and self-awareness needed to thrive - without losing yourself in the process. Join a community where *your* growth matters as much as your clients' healing.

### WHAT TO EXPECT

- Closed groups run in 3-month cycles
- Sessions meet weekly for 90-minutes
- Groups are kept small with no more than 6 participants
- Hours count toward Virginia LPC and LMFT licensure

**APPLY FOR SPRING 2026 NOW!**

 703-390-1182

 [www.keystonetherapygroup.com/supervision](http://www.keystonetherapygroup.com/supervision)

 [Supervision@KeystoneTherapyGroup.com](mailto:Supervision@KeystoneTherapyGroup.com)



# MEET YOUR SUPERVISORS

[Click Here  
to Apply for  
our Spring  
2026 Cycle](#)



Kim Rippy, LPC, CCTP-II  
CEO and Clinical Director of Keystone Therapy Group  
VA Approved Supervisor for LPC/LMFT residents

Kaitlyn Steel, LMFT, CCTP, Certified EFCT Therapist, VA  
Approved Supervisor for LPC/LMFT residents

## WHAT YOU'LL FIND

- A safe place to explore and embrace your authentic therapist identity
- Learn how to integrate your personality, values, and experiences into therapy without compromising your professional ethics
- Identify and prevent burnout & imposter syndrome
- Boost your clinical skills with real-world case consultations
- Connect with like-minded peers also confident in the quality of their work

[Listen to The  
Unmasked  
Therapist:  
Podcast](#)

