

# *The Unmasked Therapist*

## Newly Licensed Consultation Group




At Keystone Therapy Group, we believe great therapy begins with the therapist. Our Unmasked Therapist consultation group empowers newly licensed therapists (<2 years) to learn to integrate their authentic selves into their clinical work as a fully independent therapist.

Through guided consultation, peer support, and real-world clinical guidance, you'll develop the skills, resilience, and self-awareness needed to thrive - without losing yourself in the process. Join a community where your growth matters as much as your clients' healing.

### WHAT TO EXPECT

- Closed groups run in 6-month cycles
- Sessions meet bi-weekly for 90-minutes
- Groups are kept small with no more than 8 participants
- Groups led by a clinical supervisor & practice owner

**Apply for Spring 2026 Now!**

-  703-390-1182
-  [www.kestonetherapygroup.com/supervision](http://www.kestonetherapygroup.com/supervision)
-  [Supervision@KeystoneTherapyGroup.com](mailto:Supervision@KeystoneTherapyGroup.com)



# Meet Your Supervisors

[Click Here to  
Apply for Our  
Spring 2026  
Cycle](#)



Kim Rippy, LPC, CCTP-II  
CEO and Clinical Director of Keystone Therapy Group  
VA Approved Supervisor for LPC/LMFT residents

Kaitlyn Steel, LMFT, CCTP, Certified EFCT Therapist, VA  
Approved Supervisor for LPC/LMFT residents

## WHAT YOU'LL FIND

- A safe place to explore and embrace your authentic therapist identity as a newly licensed therapist
- Learn how to integrate your personality, values, and experiences into therapy without compromising your professional ethics
- Identify and prevent burnout & imposter syndrome
- Boost your clinical skills with real-world case consultations
- Connect with like-minded peers also confident in the quality of their work
- Learn how to identify your niche and build a practice you're proud of

[Listen to The  
Unmasked  
Therapist:  
Podcast](#)

